## DREAM INSTITUTE OF TECHNOLOGY



Approved by AICTE &
Affiliated to MAULANA ABUL KALAM AZAD UNIVERSITY OF TECHNOLOGY,
WEST BENGAL (formerly known as WBUT)

Website: www.dreaminstituteonline.com Email Id: principal@dreaminstituteonline.com

**Ref. No.:** DIT-4/25-26/85(10) **Date:** 30/10/2025

## MENTAL HEALTH WELLNESS COMMITTEE

All faculty members, Staff and students are hereby informed that the Mental Health Wellness Committee has been constituted to promote emotional wellbeing, mental resilience, and a supportive campus environment. The committee will organize regular awareness sessions, counseling programs, and wellness activities throughout the academic year.

## **Committee Members:**

| #  | NAME                        | DESIGNATION         | POSITION       |
|----|-----------------------------|---------------------|----------------|
| 01 | Mrs. Payel Bhattacharaya    | Assistant Professor | Co-ordinator   |
| 02 | Dr. Rajeswari Roy Chowdhury | Associate Professor | Convenor       |
| 03 | Mr. Amit kumar Chakraborty  | Assistant Professor | Faculty Member |
| 04 | Dr. Sarbendu Roy            | Associate Professor | Faculty Member |
| 05 | Mr. Anway Sarkar            | Assistant Professor | Faculty Member |
| 06 | Ms. Piyali Mondal           | Assistant Professor | Faculty Member |

All are encouraged to reach out for any guidance or support related to mental health and well-being. Further details regarding upcoming sessions and counseling schedules will be notified shortly.

[ Dr. D.Sarkar] Principal

## <u>C.C</u>

1. The Chairperson;

- 2. The Registrar;
- 3. The IOAC:
- 4. HOD's(All disciplines)
- 5. The Student Welfare Committee;
- 6. The Mentoring Committee;
- 7. The College Website;
- 8. Notice Board;
- . Circulation;
  - 10. Guard File;